

KAMYSBAEVA DZHANAR KALABAEVNA

POSITION

- SENIOR TEACHER THE
DEPARTMENT OF PHYSICAL
EDUCATION AND SPORTS OF THE
MEDICAL FACULTY - HIGHER
SCHOOL OF PUBLIC HEALTH
AL-FARABI KAZNU – MASTER OF
PEDAGOGY AND PSYCHOLOGY



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SCIENTIFIC WORKS (THEIR SPHERE):

- 3 tutorials in the field of physical culture and sports;
- More than 50 scientific papers, including articles on topical problems of physical culture and sports.

ACHIEVEMENTS, AWARDS:

- Judge of the 1st category on Toguzkumalak
- 2016 - Anniversary Medal of the 25th Anniversary of Independence of the Republic of Kazakhstan
- 2017 - Honorary badge "Zheltosansan ardageri"
- 2017 - Medal No. 276 30 years Zheltoksan

RESEARCH ACTIVITIES:

- the head of the scientific direction of research of the department "Physical condition and motive activity of students in the process of studying at the university"
- actual problems on improving the system of training athletes, assessing the impact of various sports activities on physical training and physical development
- questions of the functional conditions of athletes, the degree of development of physical qualities and the influence of physical training on the level of physical fitness of students

LANGUAGES:

Kazakh and Russian - fluent,
English - intermediate.

HOBBY:

Wellness forms of physical culture,
the study of modern scientific data
in the field of football and sports.

- the head of scientific projects of undergraduates and degree works of students of the department.

PRIORITY SCIENTIFIC AND PEDAGOGICAL INTERESTS:

- the physical condition and health of students, the methodology and technology of scientific research.
- development and coordination of educational programs for bachelor's, master's and doctoral studies in the specialty "Physical Culture and Sports"
- educational and social work among students of the specialty
 - forming students of the University the need for a healthy lifestyle and involving them in the movement "Cult of a healthy and beautiful body"